



GP Assist

Information for clients

GP Assist works with **you and your GP** to connect you into appropriate **alcohol and other drug treatment**, and provides short-term support until you are engaged with the services you need.

You can ask your GP for a referral to Windana, and within 48 hours we will reach out and help you work out the best options for treatment.



How we support you

On referral, we complete an intake and assessment process, helping to understand your needs and goals for alcohol and drug treatment.

We then help connect you with relevant services, including counselling, residential rehabilitation, or others that may be appropriate.

While you're waiting to access these, we support you through brief interventions, strategies for managing substance use, providing information and advice, and working with you to develop a treatment plan.

Eligibility and referrals

GP Assist works with GPs and their patients in the local government areas of Port Phillip, Stonnington, Glen Eira, Bayside, Kingston, Frankston, Mornington Peninsula, Casey and Cardinia.



For more information

windana.org.au/services/gp-assist
gpassist@windana.org.au | **03 9532 0811**

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